



Journey Within

You are invited to join Anna and Alo Horses™
on a 4-week journey of self-discovery through horses..

In these experiential small group sessions, Anna and her Equine Guides will create an environment for you to explore your limiting beliefs, identify the emotional blocks and release them to allow for deep inner connection and success to what matters the most to you.

..No horse experience necessary..

Step into arena with open heart and let HORSES:

..guide you to your truth..

..assist you in feeling your true emotions..

..provide an amazing healing for you to feel wholeness..

What secret will horses whisper to YOU?

Dates:

August 5, 12, 19, 26

Time: 6-8:30pm

Cost: \$220

Place: Chaparral Ranch
(3375 Calaveras Rd, Milpitas, CA)

Register: 408-963-9937
or anna@alohorses.com



About Facilitator: Anna Mott (Razdolskaya) is a certified practitioner of Equine Gestalt Coaching Method®. In her work she partners with horses to bring self-awareness to humans and guide them to their wholeness.